APWA All Pakistan Women's Association Punjab IMPACT ASSESMENT REPORT FOR WATER AND PADS PROJECT

PWA Empowering young girls and women through its mother & Child Health Centers by providing health services to women and girls on reproductive rights, family planning, breast feeding and cancer awareness programs.

Many activities were conducted with the support of health staff, friends of APWA, donors on awareness rising of sanitation and



hygiene. Pad and sanitation kits were also distributed. Till date almost 1000 women benefited from this program in couple of years all over Punjab.

In the second phase we are trying to give trainings for awareness raisining to local women leadership keeping in view the sustainability factors and we believe that this is an ongoing campaign and leaving a meaningful impact on our society.

"I am trained to tell women why hygiene is important for women and girl. Our body required lot of our own care. I am thankful to APWA for giving me training on awareness rising of rights of women and girls. I continuously run monthly session now on Sanitation and Hygiene in Township." REHANA FAIZ (LHV)

Rehana also said that before these women and girls were reluctant to talk about, but with the continuous programme activity on sanitation and hygiene, now they came to APWA centre and talk freely about their menstruation and other problems.

Apwa has also developed a referral system by Health centers. Health centers will maintain the record of patients and their health complaints and forward to the central head office committee of Health. Health committee will address those complaints via holding a awareness camp / free medical camp in the area to facilitate more women at grass root level women.

The serious cases referred to Main Hospitals of the City through APWA Health Committee members.

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